

## APEC Leadership Team

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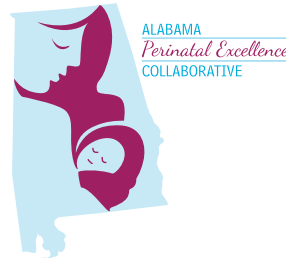
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## APEC Resource Guide for Obstetric Providers





ALABAMA  
Perinatal Excellence  
COLLABORATIVE

### *APEC Guidelines Online:*

Go to <http://medicaid.alabama.gov/>;

Select "Programs" in the toolbar;

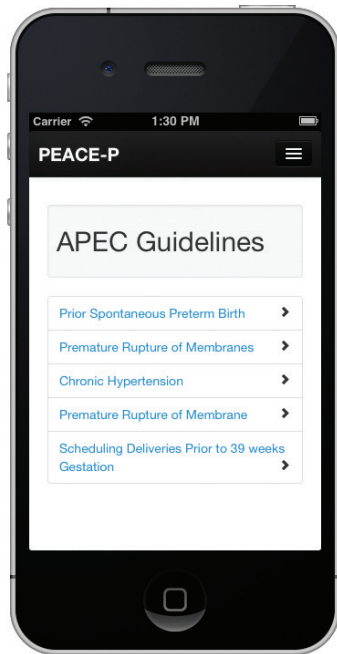
Select "APEC-Perinatal Collaborative";

Select "Guidelines."

Or visit [www.apecguidelines.org](http://www.apecguidelines.org)



### Pregnancy Education Activation Communication Enhancement for Providers, PEACE-P



The APEC guidelines are accessible via a smart phone app.

To download the app onto your personal device, go to iTunes or Google Play and search for APEC guidelines.

The app is designed to be compatible  
with iOS and Android devices.



### *APEC Vision Statement*

To be an exemplary resource for obstetric and other healthcare providers throughout the state of Alabama for assistance in improving perinatal outcomes and ultimately the health and welfare of women and infants throughout Alabama.

### *APEC Mission Statement*

To lower infant mortality and improve maternal and infant health in Alabama through:

- 1) Implementation and utilization of evidence-based obstetric care guidelines
- 2) Assessment of meaningful quality benchmarks
- 3) Enhanced communication and collaboration with providers, both primary and sub-specialty, and patients

### *APEC Goals*

**Ultimate Goal: Improve Pregnancy Outcomes**

- 1) Help guide OB providers via evidence-based practice guidelines and decision trees
- 2) Identify meaningful quality benchmarks
- 3) Develop data collection measures
- 4) Review quality data and provide feedback to individual providers and institutions
- 5) Develop mechanisms to help providers in achieving benchmarks

### *Current Guidelines*

- Routine Prenatal Care
- Scheduling Deliveries Prior to 39 weeks Gestation
- Chronic Hypertension in Pregnancy
- Prior Spontaneous Preterm Birth
- Premature Rupture of Membranes
- Preterm labor
- Pregestational Diabetes Mellitus
- Group B Streptococci
- Magnesium Sulfate for Fetal Neuroprotection
- Gestational Diabetes Mellitus
- Nausea and Vomiting of Pregnancy
- UTI-ASB
- Immunizations in Pregnancy
- Pre-Eclampsia
- Twins
- HIV

### *Future Guidelines*

- Fetal Testing
- Thromboprophylaxis
- Obesity
- Sexually Transmitted Diseases
- Seizure Disorders
- Herpes
- Mental Health