



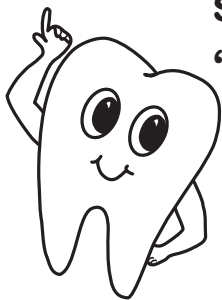
It's time for a check-up!

Call and make an appointment today for your child's dental checkup.

In the meanwhile, remember these good rules for children and adults

- Brush every day with fluoride toothpaste.
- Floss at least once a day.
- Limit sweet foods and drinks. Snack on unsweetened cereal or fresh fruits and vegetables.
- Never go to sleep with candy or gum in your mouth.

Smiley AL



says

“Don’t forget!”

It is time fo
a checkup!

Name _____

Date _____

Day _____

Time _____

To:
