



# 1115 (a) Medicaid Family Planning Demonstration Waiver Plan First Program Annual Public Forum

Presented by the Managed Care Operations Division  
Plan First Program Unit

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# Objective of Public Forum

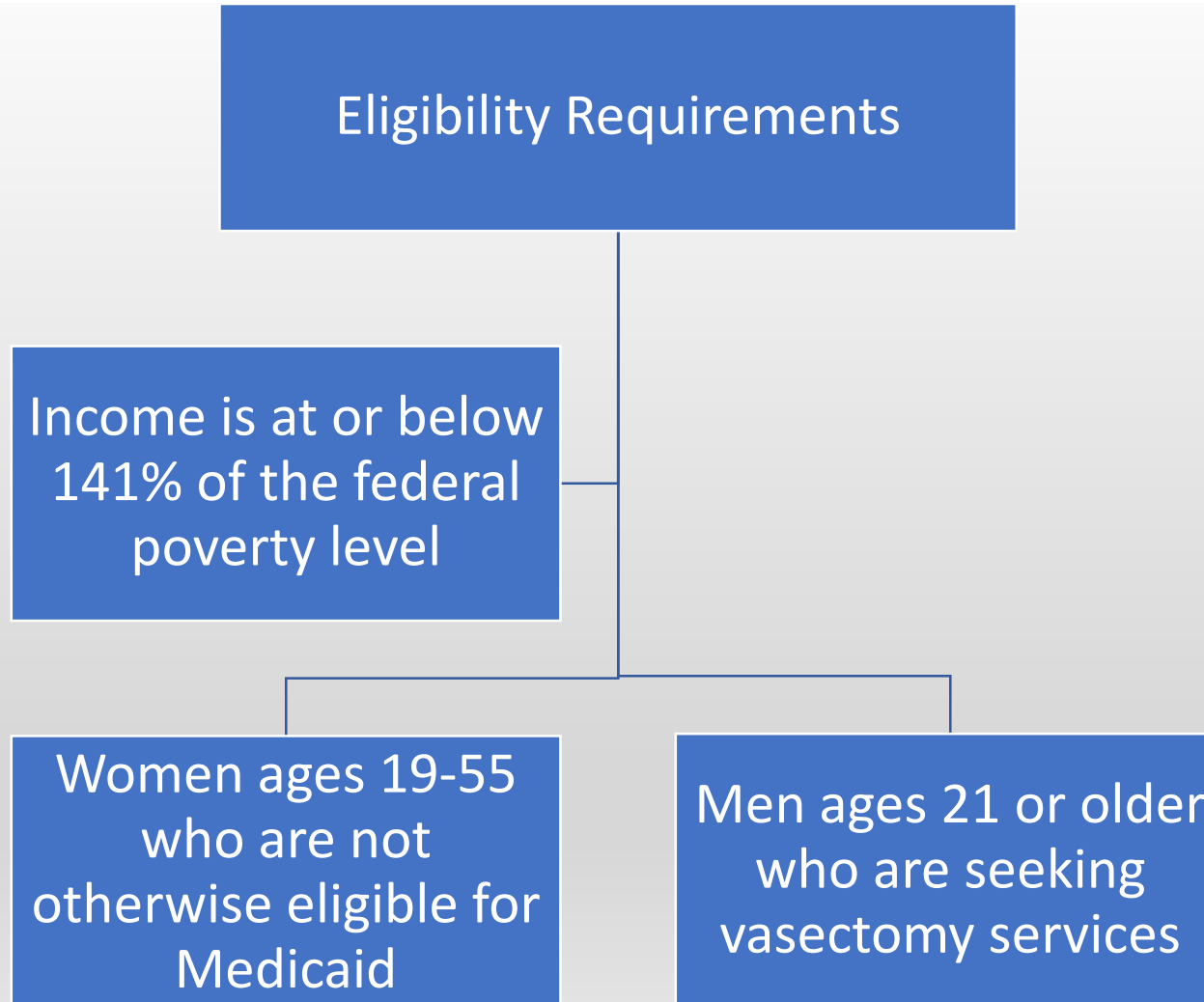
- To afford providers, recipients and other interested individuals the opportunity to provide comments on the progress of the Plan First Section 1115(a) Demonstration Waiver

# What is Plan First?



- A federally approved Research and Demonstration Waiver for family planning services. The principle objective of Plan First is to prevent or delay pregnancy as well as, to improve the well-being of Alabama's children and families by extending Medicaid eligibility for family planning services to eligible women/men.
- The waiver was originally approved in 2000 and was renewed by Centers for Medicare and Medicaid (CMS) on November 27, 2017. The current waiver will expire on September 30, 2022.

# Who is Eligible?



# Types of services covered under the Plan First Program

- Office visits
- Labs
- Contraceptives (pills, patches, rings, LARCs, injections)
- Care coordination
- STD/STI testing and counseling
- Tubal ligations
- Vasectomy/ Vasectomy related services
- Smoking Cessation Services ( Nicotine Replacement Therapy (NRT) and Quit Line)

# Progress of the Waiver

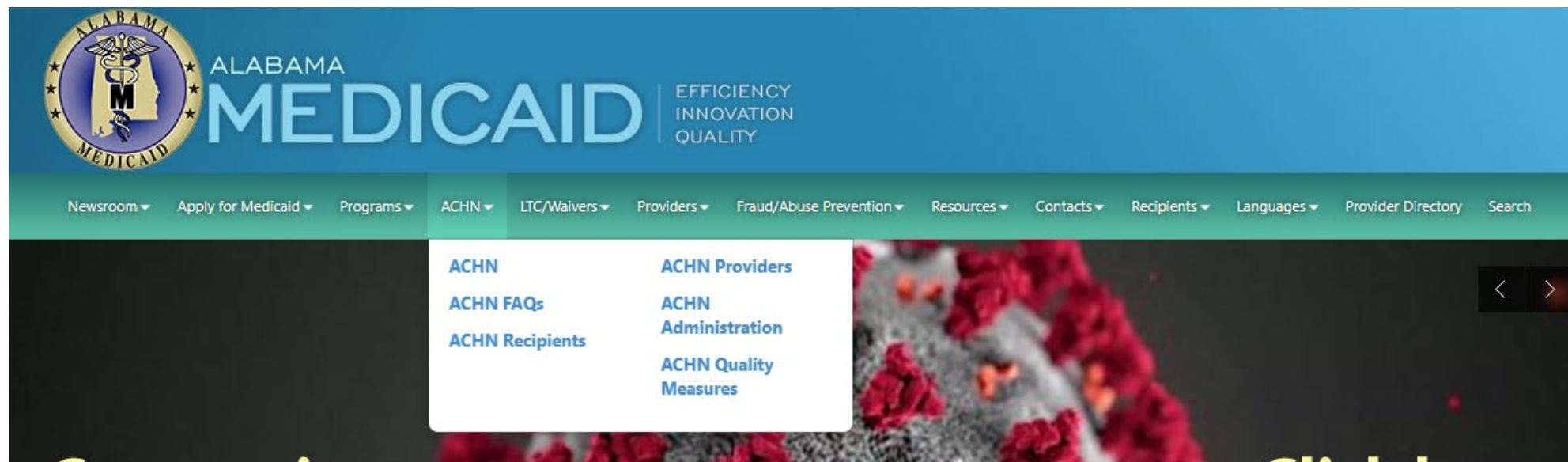
- Currently in the fourth demonstration year (DY 21) of the current waiver renewal period.
- As of March 31, 2021, there are 70,994 individuals enrolled in the Plan First program and 78,349 claims have been filed and paid since October 1, 2020.
- Currently, all counties have public provider options for Plan First services. Plan First providers enrolled in Alabama have increased from 1802 in October 2019 to 1906 in October 2020.
- Male enrollment in Plan First increased almost 10% (9.8%) between DY 19 and DY 20.
- Birth rates remain much lower with the Plan First program than they were estimated to be, based on pre-program birth rates.

# Progress of the Waiver

- Family Planning care coordination was transitioned from Alabama Department of Public Health (ADPH) to Alabama Coordinated Health Networks (ACHNs) in October 2019.
- ACHNs receive monthly assignment file reports of all eligible Plan First/Family Planning eligible individuals (EIs).
- Care Coordinators utilize these reports to attempt outreach to EIs and to offer Family Planning Care Coordination services.

# Alabama Coordinated Health Network (ACHN)

- Visit [www.Medicaid.Alabama.gov](http://www.Medicaid.Alabama.gov) and select the ACHN tab.

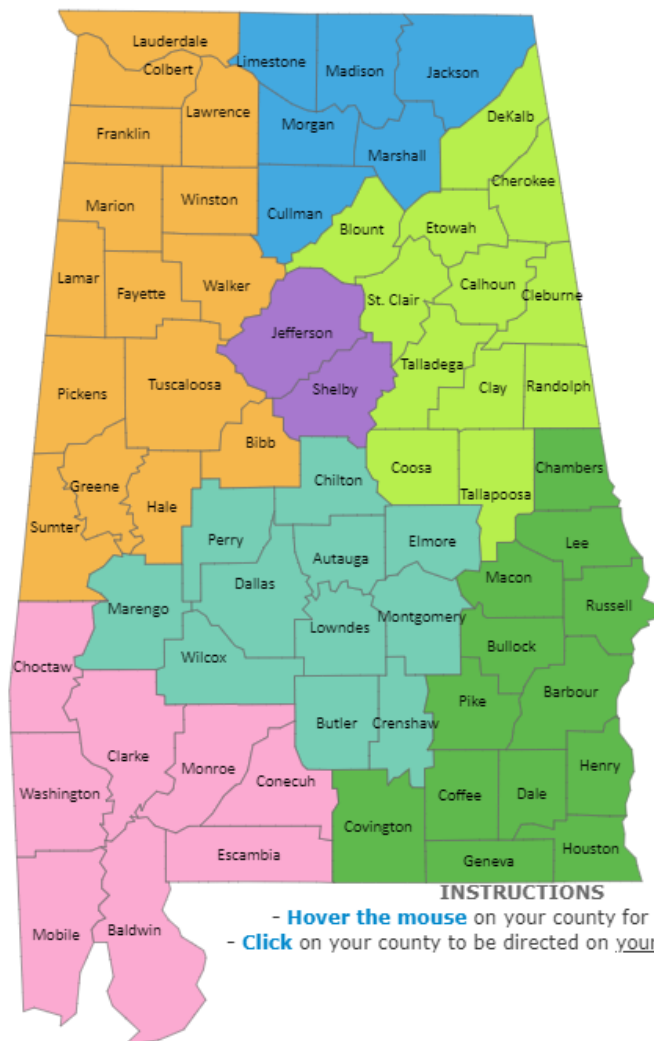


- Select either ACHN Recipients or ACHN Providers for information.



# ACHN Contact Information

There are currently seven ACHN regions operating in Alabama. Please find the ACHN contact information for your region using the map below.



## INSTRUCTIONS

- **Hover the mouse** on your county for more details
- **Click** on your county to be directed on your region's website

### Uncheck "All" and Select Your County

- (All)
- Autauga
- Baldwin
- Barbour
- Bibb
- Blount

### OR

### Uncheck "All" and Select Your Region

- (All)
- Alabama Care Network Mid-Sta...
- Alabama Care Network Southe...
- Gulf Coast Total Care
- My Care Alabama Central
- My Care Alabama East

### ACHN Regions

- Alabama Care Network Mid-State
- Alabama Care Network Southeast
- Gulf Coast Total Care
- My Care Alabama Central
- My Care Alabama East
- My Care Alabama Northwest
- North Alabama Community Care

# Additional Information About The Plan First Program

- A copy of the approved Section 1115 Demonstration Waiver Extension Application and other information about Plan First may be found on the website at:  
[https://medicaid.alabama.gov/content/4.0\\_Programs/4.2\\_Medical\\_Services/4.2.4\\_Family\\_Planning.aspx](https://medicaid.alabama.gov/content/4.0_Programs/4.2_Medical_Services/4.2.4_Family_Planning.aspx)
- A copy of the Request for the Proposal for the Alabama Coordinated Health Networks (ACHN) may be found on the website at:  
[https://medicaid.alabama.gov/documents/2.0\\_Newsroom/2.4\\_Procurement/2.4.1\\_Consolidated/2.4.1.4\\_2019/2.4.1.4\\_2019-ACHN\\_RFP\\_ALL.pdf](https://medicaid.alabama.gov/documents/2.0_Newsroom/2.4_Procurement/2.4.1_Consolidated/2.4.1.4_2019/2.4.1.4_2019-ACHN_RFP_ALL.pdf)

# Medicaid Staff

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# Attendance

If you are a participant on the webinar, please **type your name in the chat box** to record your attendance.

If you are a participant by phone, please email [Public.Comment@Medicaid.Alabama.gov](mailto:Public.Comment@Medicaid.Alabama.gov) to record your attendance.

We will now begin the **comment segment**.

Comments ??