



# **1115 (A) Medicaid Family Planning Demonstration Waiver Plan First Program Annual Public Forum**

Presented by Managed Care Operations Division  
Plan First Program Unit

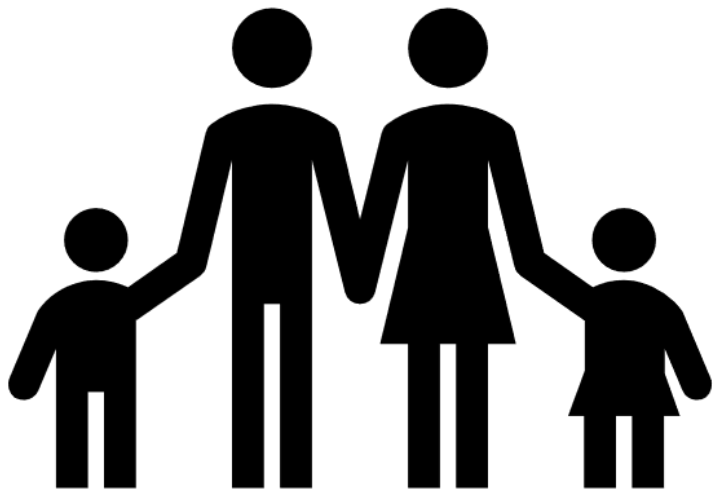
Valerie Brown, BSN, RN  
Program Manager, Family Planning/ Plan First Programs  
Managed Care Operations Division



## Objective of Public Forum

- To offer recipients, providers and other interested individuals the opportunity to provide comments on the progress of the Plan First Section 1115(a) Demonstration Waiver

## What Is Plan First?



- A federally approved Research and Demonstration Waiver for Family Planning services
- Primary objective is to prevent or delay pregnancy and to improve the well-being of Alabama's children and families
- Family Planning services available for eligible women/men
- First approved in 2000 and renewed by Centers for Medicare and Medicaid (CMS) in 2017
- Will expire on September 30, 2023

# Who Is Eligible?

## Eligibility Requirements

(Live in Alabama)  
Be a citizen or be  
in country legally

Income at or  
below 141% of  
the federal  
poverty level

Women ages 19-  
55 who are not  
otherwise eligible  
for Medicaid

Men ages 21 or older who  
are seeking vasectomy  
services

## Types of Services Covered Under the Plan First Program

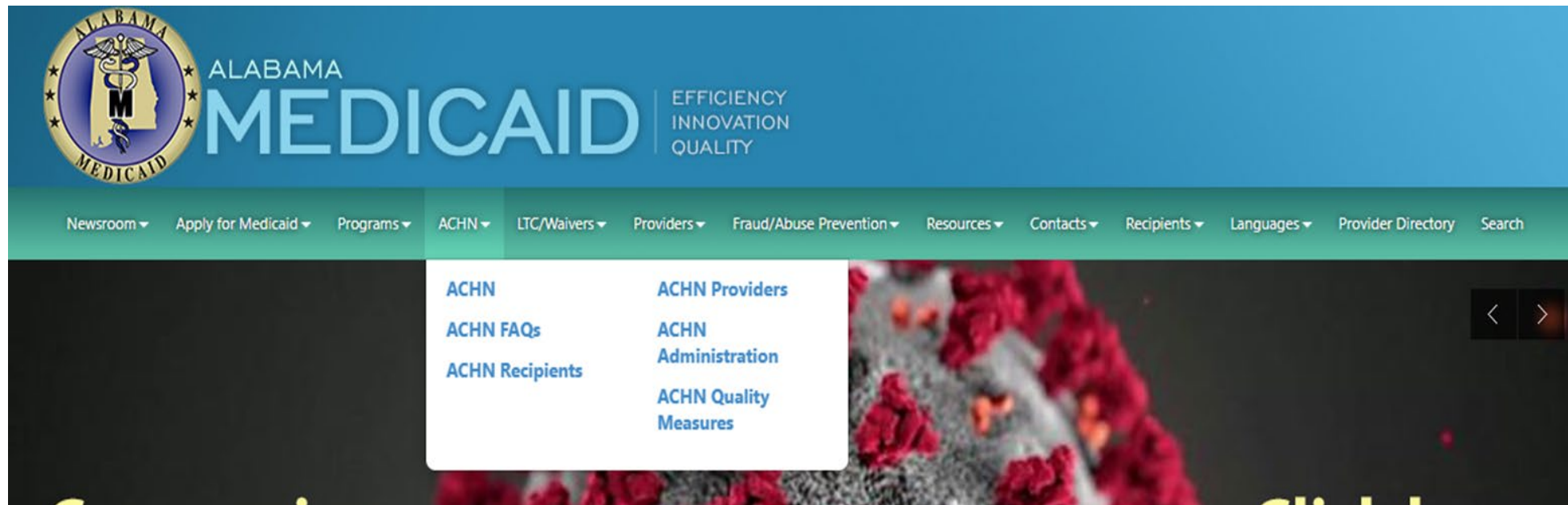
- Office visits
- Labs
- Contraceptives (pills, patches, rings, LARCs, injections)
- Care coordination
- STD/STI testing and counseling
- Tubal ligations
- Vasectomy/Vasectomy related services
- Smoking Cessation Services (Nicotine Replacement Therapy and Quit Line)

## Progress of the Waiver (Plan First)

- Waiver is in 5th demonstration year of the current waiver renewal period
- 66,302 individuals enrolled in the Plan First program (as of September 30, 2022)
- 67,959 claims filed and paid (since October 1, 2022)
- Plan First services are available in all Alabama counties
- Increase of Plan First providers enrolled in Alabama from 1,802 (in October 2019) to 2,114 (in October 2022)

# Alabama Coordinated Health Networks (ACHN)

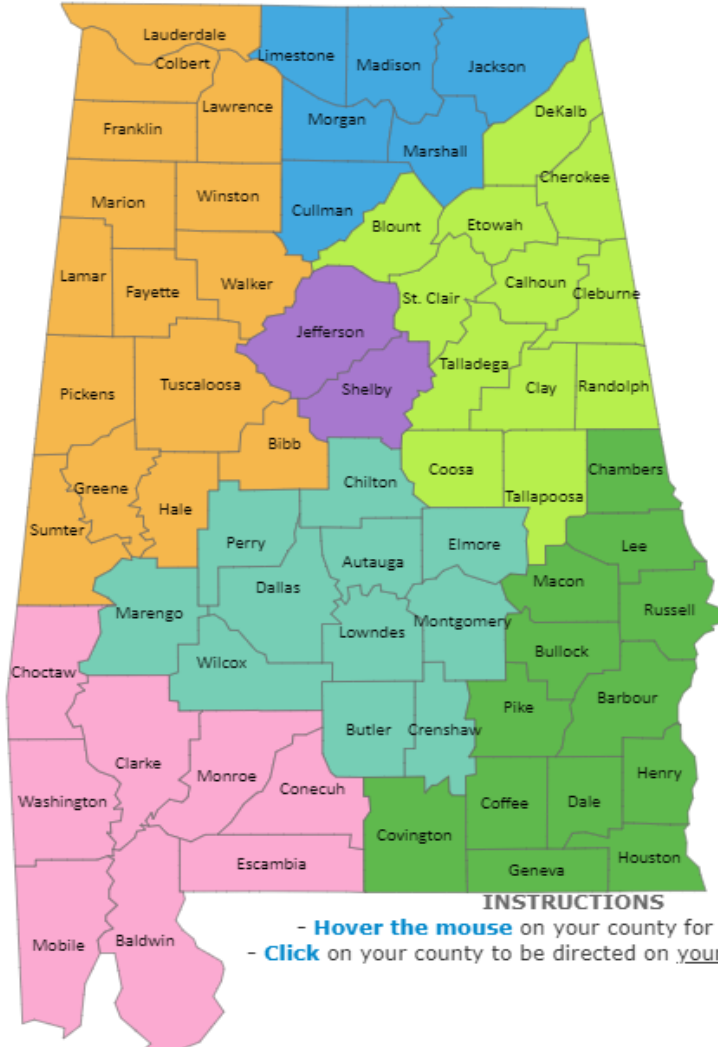
- Visit [www.Medicaid.Alabama.gov](http://www.Medicaid.Alabama.gov) and select the ACHN tab



- Select either ACHN Recipients or ACHN Providers for information

# ACHN Contact Information

There are currently seven ACHN regions operating in Alabama. Please find the ACHN contact information for your region using the map below.



**INSTRUCTIONS**

- **Hover the mouse** on your county for more details
- **Click** on your county to be directed on your region's website

**Uncheck "All" and Select Your County**

- (All)
- Autauga
- Baldwin
- Barbour
- Bibb
- Blount

**OR**  
**Uncheck "All" and Select Your Region**

- (All)
- Alabama Care Network Mid-Sta...
- Alabama Care Network Southe...
- Gulf Coast Total Care
- My Care Alabama Central
- My Care Alabama East

**ACHN Regions**

- Alabama Care Network Mid-State
- Alabama Care Network Southeast
- Gulf Coast Total Care
- My Care Alabama Central
- My Care Alabama East
- My Care Alabama Northwest
- North Alabama Community Care



## Additional Information About the Plan First Program

- A copy of the approved Section 1115 Demonstration Waiver Extension Application and other information about Plan First may be found on the website at:
  - [www.medicaid.alabama.gov](http://www.medicaid.alabama.gov)
  - **Select Programs**
  - **Select Family Planning/Plan First**
- A copy of the Request for the Proposal for the Alabama Coordinated Health Network (ACHN) may be found on the website at:
  - [www.medicaid.alabama.gov](http://www.medicaid.alabama.gov)
  - **Select ACHN**
  - **Select ACHN Administration**



Medicaid  
Staff

Valerie Brown, BSN, RN

Program Manager

Family Planning/Plan First Program

Managed Care Operations Division

Telephone: 334-242-4861

[Valerie.Brown@Medicaid.Alabama.gov](mailto:Valerie.Brown@Medicaid.Alabama.gov)

Dr. Travis D. Houser, DBA, MBA

Director

Managed Care Operations Division

Telephone: 334-353-5907

[Travis.Houser@Medicaid.Alabama.gov](mailto:Travis.Houser@Medicaid.Alabama.gov)

## Attendance

- If you are a participant on the webinar, please **type your name in the chat box** to record your attendance.
- If you are a participant by phone, please email [Public.Comment@Medicaid.Alabama.gov](mailto:Public.Comment@Medicaid.Alabama.gov) to record your attendance.
- We will now begin the **comment segment**.

