Alabama Medicaid DUR Board Meeting Minutes Summary January 25, 2023

Members Present: Kelli Littlejohn Newman, Danielle Powell, Crystal Deas, Marilyn Bulloch, Mary Stallworth, Kelly Tate, Melinda Rowe

Also Present: Lori Thomas, Julie Jordan, Heather Vega, LaQwanda Eddings-Haygood, Jack Wanschek, ACHN Pharmacists

Members Absent: Nina Ford Johnson, Amber Clark, Rachel Seaman, Bernie Olin, Dan McConaghy

Call to Order: The DUR meeting was called to order by D. Powell at approximately 1:10 p.m.

Review and Adoption of Minutes: The minutes of the October 26, 2022, meeting were presented, and C. Deas made a motion to approve the minutes. M. Bulloch seconded the motion, and the motion was approved unanimously.

Prior Authorization and Overrides Update: L. Thomas began the Prior Authorization and Overrides Update with the Monthly Manual Prior Authorizations and Overrides Report for the month of July 2022. She reported 12,484. There were 14,798 total electronic requests for the month of July 2022. From the Prior Authorization and Override Response Time Ratio report for July 2022, L. Thomas reported that approximately 46% of all manual PAs and 43% of all overrides were completed in less than two hours. Eighty-two percent of all manual PAs and 80% of all overrides were completed in less than four hours. Ninety-three percent of all manual PAs and of all overrides were completed in less than eight hours. For the month of August 2022, L. Thomas reported 14,797 manual PA requests and 17,484 electronic PA requests were received. She reported that 36% of all manual PAs and 32% of all overrides were completed in less than two hours. Eighty percent of all manual PAs and of all overrides were completed in less than four hours. Ninety-one percent of all manual PAs and 92% of all overrides were completed in less than eight hours. For the month of September 2022, L. Thomas reported 14,302 manual PA requests and 16,426 electronic PA requests. L. Thomas reported that approximately 18% of all manual PAs and 14% of all overrides were completed in less than two hours. Sixty-one percent of all manual PA requests and 58% of all overrides were completed in less than four hours. Eighty-six percent of all manual PAs and of all overrides were completed in less than eight hours.

Program Summary Review: L. Thomas briefly reviewed the Alabama Medicaid Program Summary for the months of April 2022 through September 30, 2022. She reported 3,881,061 total prescriptions, 234,003 average recipients per month using pharmacy benefits, and an average paid per prescription of \$142.16.

Cost Management Analysis: L. Thomas reported an average cost per claim of \$133.33 for September 2022 and compared previous months contained in the table. L. Thomas pointed out the increase in recipients over the past few years due to the continuous enrollment conditions associated with the COVID-19 public health emergency (PHE). From the 3rd Quarter Drug Analysis, L. Thomas reported 84% generic utilization, 8% brand single-source, 4% brand multi-source (those requests which required a DAW override), and 4% OTC and "other". From the Top 25 Drugs Based on Number of Claims from 07/01/2022-09/30/2022, L. Thomas reported the top five drugs: amoxicillin, cetirizine, albuterol sulfate HFA, azithromycin, and fluticasone propionate. L. Thomas then reported the top five drugs from the Top 25 Drugs Based on Claims Cost from 07/01/2022-09/30/2022: Humira Citrate-free Pen, Vyvanse, Trikafta, Trulicity, and Invega Sustenna. L. Thomas informed the Board Members that Trulicity became non-preferred January 1, 2023. From the Top 15 Therapeutic Classes by Total Cost of Claims for the same time frame, L. Thomas reported the top five classes: Antipsychotic Agents, Disease-modifying

Antirheumatic Agents, Skin and Mucous Membrane Agents, Amphetamines, and Insulins. L. Thomas mentioned the top five were different than previous quarters.

RDUR Intervention Report: L. Thomas presented the RDUR Activity Report for January 2022. She reported 500 profiles reviewed and 527 letters sent with 43 responses received as of the date of the report. She reported 27 of 44 physicians indicated that they found the RDUR letters "useful" or "extremely useful". The criteria for the cycle of intervention letters included Drug-Drug Interaction (Support Act criteria – pure opioid agonists and benzodiazepines); Drug-Drug Interaction (Support Act criteria – pure opioid agonists and antipsychotics); Drug-Drug Interactions (triptans and SSRIs and SNRIs); Appropriate Use (concurrent use of buprenorphine and pure opiate agonists).

Proposed Criteria: L. Thomas presented the proposed set of 31 criteria to the Board and instructed the Board members to mark their ballots. Of the 31 proposed criteria, results from the criteria vote returned 31 approved.

Medicaid Update: K. Newman reminded the Board members that all updated Medicaid drug lists and ALERTs were provided to them electronically and are also available online. K. Newman reminded the Board members that the Agency is still preparing for the unwinding of the national COVID-19 PHE. K. Newman reviewed changes to the Hepatitis C medication criteria that were implemented in October 2022.

P & T Committee Update: K. Newman began the P & T Update by informing the Board that the last P & T meeting scheduled for November 9, 2022, was canceled due to lack of quorum. The next meeting scheduled for February 8, 2023, will be a double meeting and will cover the calcitonin gene-related peptide antagonists; proton-pump inhibitors; skeletal muscle relaxants; opiate agonists and partial agonists; selective serotonin agonists; antiemetics; anxiolytics, sedatives, and hypnotics; skin and mucous membrane agents; and disease-modifying antirheumatic agents.

Next Meeting Date: D. Powell reminded the Board that the next DUR meeting will be held on April 26, 2023. A motion to adjourn the meeting was made by K. Tate and C. Deas seconded the motion. The meeting was adjourned at 1:55 p.m.

Respectfully submitted,

Loni Thomas, Pharmet

Lori Thomas, PharmD.

ALABAMA MEDICAID RETROSPECTIVE DRUG UTILIZATION REVIEW CRITERIA RECOMMENDATIONS

Criteria Recommendations

			Amended	
			4	
pediatric patients have not for use in pediatric patients extrapyramidal symptoms,	and effectiveness of been established. N due to the risk of ta as well as the risk of yramidal symptoms	Gimoti (metoclopramide) in Metoclopramide is not recommended ardive dyskinesia (TD) and other fethemoglobinemia in neonates. associated with metoclopramide are		
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	<u>Util B</u>	<u>Util C</u>	e	
Age Range: 0 – 17 yoa				
References: Clinical Pharmacology, 2022 Gimoti Prescribing Informat				
of tardive dyskinesia (TS) or can cause tardive dyskinesi involuntary movements. The irreversible increases with of the risk of developing TD is in patients with diabetes m	toclopramide) is contraction a dystonic reaction a (TD), a syndrome of the risk of developing duration of treatme increased among the litus. Due to the reaction to the reaction of the reaction and the reaction are set of the reaction of the reaction and the reaction are set of the reaction are set of the reaction and the reaction are set of the reaction are	kinesia (Black Box) ntraindicated in patients with a history into metoclopramide. Metoclopramide of potentially irreversible and disfiguring g TD and the likelihood that TD will becont and total cumulative dosage. Addition the elderly, especially elderly women, an and the developing TD, avoid treatment wetoclopramide is not recommended in g	ome onally, d vith	
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	<u>Util B</u>	<u>Util C (Include)</u> Tardive Dyskinesia		
References: Clinical Pharmacology, 202 Gimoti Prescribing Informa				
3. Metoclopramide Nasal S Alert Message: Gimoti (me where stimulation of gastro of gastrointestinal hemorrh	etoclopramide) is co pintestinal motility r	ntraindicated in patients with condition might be dangerous (e.g., in the presenc		<u> </u>
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	<u>Util B</u>	Util C (Include) GI Hemorrhage GI Obstruction GI Perforation		
References: Clinical Pharmacology, 202 Gimoti Prescribing Informa				

4. Metoclopramide Nasal Sp	ray / Pheochromod	ytoma	v	
Alert Message: Gimoti (meto	traindicated in patients with easing paragangliomas. ochromocytoma crisis, probably			
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	<u>Util B</u>	Util C (Include) Pheochromocytoma		×
References: Clinical Pharmacology, 2022 Gimoti Prescribing Informati	Elsevier/Gold Stand on, Jan. 2021, Evok	dard. e Pharma, Inc.		
5. Metoclopramide Nasal Sp Alert Message: Gimoti (met Metoclopramide may increa	oclopramide) is con	straindicated in patients with epilepsyand severity of seizures.		
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	<u>Util B</u>	<u>Util C (Include)</u> Epilepsy		
References: Clinical Pharmacology, 2022 Gimoti Prescribing Informat	Elsevier/Gold Stan ion, Jan. 2021, Evok	dard. se Pharma, inc.		
depression. Depression has	ti (metoclopramide occurred in metocl) use in patients with a history of opramide-treated patients with s have included suicidal ideation		
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	<u>Util B</u>	Util C (Include) Depression		
References: Clinical Pharmacology, 2022 Gimoti Prescribing Informat				
7. Metoclopramide Nasal S Alert Message: The use of with hypertension. Metocl	Gimoti (metoclopra	mide) should be avoided in patients		
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	Util B Hypertension	<u>Util C</u>		
References: Clinical Pharmacology, 202: Gimoti Prescribing Informa	2 Elsevier/Gold Star tion, Jan. 2021, Evo	ndard. ke Pharma, Inc.		

8. Metoclopramide Nasal Spi Alert Message: Because meto aldosterone, patients with cir developing fluid retention an if any of these adverse reaction	√			
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal References: Clinical Pharmacology, 2022 I Gimoti Prescribing Information				
moderate and severe renal ir including those receiving hen The clearance of metoclopra	oclopramide) is not r mpairment (creatini modialysis and conti mide is decreased, a severe renal impair	recommended in patients with ne clearance less than 60 mL/minute), nuous ambulatory peritoneal dialysis. and the systemic exposure is increased ment compared to patients with normal	V	
Drugs/Diseases Util A Metoclopramide Nasal References: Clinical Pharmacology, 2022 Gimoti Prescribing Information				
should be avoided. Both me dyskinesia (TD), other extrap	ent use of Gimoti (m stoclopramide and a syramidal symptoms	netoclopramide) with antipsychotics ntipsychotics can cause tardive (EPS), and neuroleptic malignant ramide with these drugs may have	V	
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	Util B Antipsychotics	Util C		
References: Clinical Pharmacology, 2022	Elsevier/Gold Stand	lard.		

Gimoti Prescribing Information, Jan. 2021, Evoke Pharma, Inc.

11. Metoclopramide Nasal S Alert Message: The concurre CYP2D6 inhibitors (e.g., bupr recommended. Metocloprar CYP2D6-mediated metabolis concentrations and increased symptoms.				
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal References: Clinical Pharmacology, 2022 Gimoti Prescribing Information				
oxidase inhibitors (MAOIs) sl	ent use of Gimoti (n nould be avoided. §	netoclopramide) with monoamine Both metoclopramide and MAOIs of these drugs increase the risk	V	
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal References: Clinical Pharmacology, 2022 Gimoti Prescribing Informati				
coadministered with a drug	uld be exercised wh that impairs gastroi nd concurrent use	nen Gimoti (metoclopramide) is intestinal motility. Metoclopramide with drugs that decrease gastric de efficacy.	V	 15
<u>Util A</u> Metoclopramide Nasal	<u>Util B</u> Anticholinergics Opioids	<u>Util C</u>		

References:

Clinical Pharmacology, 2022 Elsevier/Gold Standard. Gimoti Prescribing Information, Jan. 2021, Evoke Pharma, Inc.

14. Metoclopramide Nas	al Spray / Dopamine	Agonists			v	
Alert Message: Gimoti (nuse with a dopamine ago decrease the effectivenes if possible.	netoclopramide) is a c nist (e.g., bromocripti	lopamine ne, levodo	opa, and rotigoti	ine) may		
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	Util B Apomorphine Bromocriptine Cabergoline Levodopa Pramipexole Ropinirole Rotigotine	<u>Util C</u>				
References:	попрот					
Clinical Pharmacology, 20 Gimoti Prescribing Inform			a, Inca			
15. Metoclopramide Nas Alert Message: Gimoti (r moderate or severe (Chil- hepatic impairment (Chil- clearance (by approximat The resulting increase in adverse reactions. There metoclopramide in patie	netoclopramide) use d-Pugh B or C) hepation d-Pugh C) have reductely 50%) compared to metoclopramide blocter no pharmacoking	s not reco c impairmed ed system o patients d concent etic data e	ommended in pa ent. Patients wi ic metoclopram with normal he trations increase evaluating the sa	th severe ide patic function, as the risk of fety of	- V	
Drugs/Diseases <u>Util A</u> Metoclopramide Nasal	<u>Util B</u> Hepatic Impairm	ent	<u>Util C</u>			
References: Clinical Pharmacology, 20 Gimoti Prescribing Inforn			a, lnc.			
16. Abaloparatide / Ove Alert Message: Tymlos (a dose is 80 mcg subcutant for more than 2 years du	abaloparatide) may b eously once daily. Th	e cumulat	ive use of abalo	nmended paratide		
Drugs/Diseases <u>Util A</u> Abaloparatide	<u>Util C</u>					
Max Dose: 80 mcg/day						
References:						

Clinical Pharmacology, 2022 Elsevier/Gold Standard. Tymlos Prescribing Information, Dec. 2021, Radius Health, Inc.

17. Abaloparatide / Therapeutic Appro Alert Message: The safety and effective been established in pediatric patients.	priateness eness of Tymlos (abaloparatide) has not	
Drugs/Diseases <u>Util A</u> Abaloparatide	<u>Util C</u>	
Age Range: 0 – 17 yoa		
References: Clinical Pharmacology, 2022 Elsevier/Go Tymlos Prescribing Information, Dec. 20		
increase in the incidence of osteosarcor abaloparatide will cause osteosarcoma recommended in patients at increased Paget's disease of the bone or unexplai epiphyses, bone metastases or skeletal to osteosarcoma, or prior external bear The cumulative use of abaloparatide and for more than 2 years during a patient's Drugs/Diseases Util A Abaloparatide	os (abaloparatide) caused a dose-dependent ma in male and female rats. It is not known if in humans. The use of abaloparatide is not risk for osteosarcoma, including those with ned elevations of alkaline phosphatase, open malignancies, hereditary disorders predisposing m or implant radiation therapy involving the skelend parathyroid hormone analogs (e.g., teriparatides lifetime is not recommended. <u>Util C (Include)</u> Paget's Disease Malignant Neoplasm of the Bone old Standard.	eton.
use is not recommended in patients wi	may cause hypercalcemia. Abaloparatide th pre-existing hypercalcemia or in patients a disorder, such as primary hyperparathyroidism, ing hypercalcemia.	
Drugs/Diseases Util A Util B Abaloparatide References: Clinical Pharmacology, 2022 Elsevier/G	Util C (Include) Hypercalcemia Primary Hyperparathyroidism	

Tymlos Prescribing Information, Dec. 2021, Radius Health, Inc.

References:

Clinical Pharmacology, 2022 Elsevier/Gold Standard.

Tymlos Prescribing Information, Dec. 2021, Radius Health, Inc.

		1 101 1 - 1-	V	
Alert Message: Tyr whether abalopara urolithiasis. If activ	/ Hypercalciuria & U mlos (abaloparatide itide may exacerbati ve urolithiasis or pre rinary calcium excre			
Drugs/Diseases <u>Util A</u> Abaloparatide	<u>Util B</u> Hypercalciuria Urolithiasis	<u>Util C</u>		
References: Clinical Pharmacolo Tymlos Prescribing	ogy, 2022 Elsevier/G ; Information, Dec. 2	iold Standard. 1021, Radius Health, Inc.		
Alert Message: Ty reproductive poter pregnant women to	ntial. There are no h	e) is not intended for use in females of numan data with abaloparatide use in essociated risks. Animal reproduction studies		 -
Drugs/Diseases <u>Util A</u> Abaloparatide	<u>Util B</u> Pregnancy	Util C (Negating) Abortion Delivery Miscarriage		
Gender: Female Age Range: 11 – 50	0 yoa			
	logy, 2022 Elsevier/G	Gold Standard. 2021, Radius Health, Inc.		
Alert Message: Ty reproductive pote	ntial. There is no in	ropriateness a) is not intended for use in females of formation on the presence of abaloparatide astfed infant, or the effects on milk production.	V	
Drugs/Diseases <u>Util A</u> Abaloparatide	Util B Lactation	<u>Util C</u>		
Gender: Female Age Range: 11 – 5	0 yoa			

23. Baclofen Tablet Alert Message: Bac of baclofen is 80 m ₁	lofen may be over-u	utilized. The maximum recommended dose times a day).		-	-
Drugs/Diseases <u>Util A</u> Baclofen Tablets	<u>Util B</u>	<u>Util C</u>			
Max Dose: 80 mg/c	day				
References: Clinical Pharmacolo Baclofen Tablets Pr	ogy, 2022 Elsevier/G escribing Information	Gold Standard. on, August 2019, Advagen Pharma Ltd.			
	safety and effectiv	eness of baclofen in pediatric patients below			
the age of 12 years	have not been esta	ablished.			
Drugs/Diseases <u>Util A</u> Baclofen Tablets	<u>Util B</u>	Util C			
Age Range: 0 – 11	yoa				
References: Clinical Pharmacolo Baclofen Tablets P	ogy, 2022 Elsevier/G rescribing Informati	Gold Standard. on, August 2019, Advagen Pharma Ltd.			
Alert Message: Barenal impairment	ets / Renal Impairm clofen is primarily e may cause baclofen ents with renal impa	excreted unchanged by the kidneys, and accumulation. Dosage reduction may be	V	-	;
Drugs/Diseases <u>Util A</u> Baclofen Tablets	<u>Util B</u> Renal Impairment	<u>Util C</u>			
References: Clinical Pharmacol Baclofen Tablets P	logy, 2022 Elsevier/orescribing Informat	Gold Standard. ion, August 2019, Advagen Pharma Ltd.			

26. Baclofen Tablets / Pregnancy / Pregnancy Negating

Alert Message: There are no adequate data on the risk of major birth defects, miscarriages, or other maternal adverse outcomes associated with the use of baclofen in pregnant patients. Baclofen should be used during pregnancy only if the benefit clearly justifies the potential risk to the fetus. There are adverse effects on fetal outcomes associated with withdrawal from baclofen after delivery.

Drugs/Diseases

<u>Util A</u>

Util B

Util C (Negate)

Baclofen Tablets

Pregnancy

Abortion Delivery

Miscarriage

Gender: Female Age Range: 11 – 50 yoa

References:

Clinical Pharmacology, 2022 Elsevier/Gold Standard.

Baclofen Tablets Prescribing Information, August 2019, Advagen Pharma Ltd.

27. Baclofen Tablets / Lactation

Alert Message: At recommended oral doses, baclofen is present in human milk. There are no human data on the effects of baclofen on milk production. Withdrawal symptoms can occur in breastfed infants when maternal administration of baclofen is stopped, or when breastfeeding is stopped. There are no adequate data on other effects of baclofen on the breastfed infant. The developmental and health benefits of breastfeeding should be considered along with the mother's clinical need for baclofen oral suspension and any potential adverse effects on the breastfed infant from baclofen oral suspension or from the underlying maternal condition.

Drugs/Diseases

Util A

Util B

<u>B</u>

Util C

Baclofen Tablets Lactation

Gender: Female Age Range: 11 – 50 yoa

References:

Clinical Pharmacology, 2022 Elsevier/Gold Standard.

Baclofen Tablets Prescribing Information, August 2019, Advagen Pharma Ltd.

28. Dupilumab / Overutilization

Alert Message: The recommended maximum maintenance dose of Dupixent (dupilumab) for the treatment of eosinophilic esophagitis in adults and pediatric patients 12 years of age and older weighing at least 40 kg is 300 mg given every week.

Drugs/Diseases

Util A

Util B

Util C (Include)

Dupilumab

Eosinophilic Esophagitis

Maintenance Max Dose: 300mg every week.

Age Range: 12 - yoa

References:

Clinical Pharmacology, 2017 Elsevier/Gold Standard.

Dupixent Prescribing Information, May 2022, Regeneron Pharmaceuticals, Inc.

20 Dunilumah / T	herapeutic Approp	iateness			v		
Alert Message: The of eosinophilic eso	e safety and efficacy	ent (dupilumab) for the treatment ess than 12 years of age and					
Meigining ress man	40 KB Have Hot been						
Drugs/Diseases <u>Util A</u> Dupilumab	<u>Util B</u> Eosinophilic Esophi	egitis	Util C (Negate) Asthma Atopic Dermatitis				
Age Range: 0 – 11	voa						
7.6c Hanger v ==	,						
References: Clinical Pharmacol Dupixent Prescribi	ogy, 2017 Elsevier/G ng Information, May	iold Stand , 2022, Re	lard. generon Pharmaceuticals, Inc.				
Alert Message: Th	ar depression in ped	eness of I	Latuda (lurasidone) for the ients less than 10 years of age	5	V	4	
Drugs/Diseases <u>Util A</u> Lurasidone	<u>Util B</u>	Util C (In Bipolar I	oclude) Depression				
Age Range: 0 – 9 y	roa						
References: Clinical Pharmaco Facts & Compariso	logy, 2022 Elsevier/C ons, 2022 Updates, \	Gold Stand Wolters Kl	dard. uwer Health.				
31. Mirtazapine / Alert Message: The established in ped		oriateness veness of	s mirtazapine have not been	:=	V		
Drugs/Diseases <u>Util A</u> Mirtazapine	<u>Util B</u>	<u>Util C</u>					
Age Range: 0 – 17	yoa						
References: Clinical Pharmaco Facts & Comparis	logy, 2022 Elsevier/ons, 2022 Updates, 1	Gold Stan Wolters Kl	dard. luwer Health				

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Stephanie McGee Azar, Commissioner	— (X Approve	() Deny	2 21 2 <u>3</u> Date
Melinda Rowe, MD,	_ (VApprove	() Deny	2/17/2023 Date
Medical Director Ginger Carmack, Deputy Commissioner	_ (YApprove	() Deny	2-71-73

Date

DUR Board Meeting Minutes

January 25, 2023