



Plan *first*

An Extension of
Family Planning Services
for
Eligible Medicaid Recipients

Alabama Medicaid Agency
July 2016

Plan First Program

- A federally approved Research and Demonstration Waiver for family planning services
- A collaboration between the Alabama Department of Public Health and Medicaid
- Extends family planning and family planning-related services
- A program to prevent or delay pregnancy



Overview

- Eligibles
- Age of Consent
- Types of Providers
- Goals of Program
- Covered Services
- Sterilization Rules
- Contraceptive Supplies
- Care Coordination
- PT + 3 Educational Method

Who Is Eligible?

Females who:

- are between 19-55 years of age
- have not previously been sterilized
- meet citizenship and alienage requirements
- meet poverty level guidelines
- have one or more SOBRA eligible children
- are pregnant with SOBRA eligibility
- are not postpartum or applying for a child

Men who:

- are age 21 years of age or older
- have not previously been sterilized
- meet citizenship and alienage requirements
- meet poverty level guidelines



Eligibility Process

Automatic enrollment for:

- Women with SOBRA eligible children
- Women who are SOBRA eligible who lose coverage at end of 60 days postpartum

Applications needed for:

- Women who are not pregnant and do not have children
- Men who desire sterilization and meet eligibility criteria



Provider Types

- Physicians
- Clinics
- Nurse Midwives
- Nurse Practitioners
- Physician Assistants



Covered Services

- Doctor/clinic visits for Medicaid covered family planning services
- Birth control methods such as pills, injections, contraceptive patch, vaginal ring, IUDs, diaphragms
- Tubal ligations and vasectomies in approved settings
- Plan First care coordination services for high risk women
- Surgical removal of migrated or embedded IUDs in an office or outpatient hospital setting
- Initial Visit (99205-FP)
- Annual Visit (99214-FP)
- Periodic Revisit (99213-FP)
- STD/HIV Risk Screening and Pre-HIV test Counseling (99401 with Diagnosis Code Z309)
- STD/HIV Post test counseling (99402 with Diagnosis Code Z309)

Sterilization Rules



- At least 30 days, but not more than 180 days have passed between the signing of the Sterilization Consent Form and the date of the sterilization except in the case of premature delivery or emergency abdominal surgery
- At least 72 hours must have passed since giving informed consent for sterilization
- Recipient must be Medicaid eligible at time of the procedure
- Recipient must be 21 years of age at the time the consent is signed
- Recipient must be mentally competent

Contraceptive Supplies

- Plan First recipients using oral contraceptives, patch or vaginal ring can obtain supplies at a Medicaid enrolled community/outpatient pharmacy.
- Plan First eligible recipients must have a written prescription from their private provider.
- A 30-day supply is the maximum that may be dispensed at one time.





Contraceptive Supplies

- The Health Department will provide oral contraceptives, contraceptive injection, contraceptive patch and the vaginal ring as follows:
 - First time users will initially receive a 3-month supply
 - Current/previous users will receive a 1-year supply
 - All contraceptive patch and vaginal ring users will receive a 3-month supply on a quarterly basis

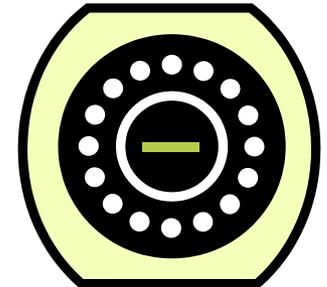
Care Coordination Services

- Perform initial risk assessment to determine if and what type of care coordination services needed
- Provides special assistance to women who:
 - Are at high risk for unintended pregnancy
 - Need enhanced contraceptive education
 - Need assistance with removing barriers to successful pregnancy planning
 - Need encouragement to continue with family spacing plans
- Provided by the Alabama Department of Public Health by licensed social workers and nurses



Plan First Variation

- Care coordination services available
- PT+3 Method for education
- Age (19-55)
- Gender-females and males (for vasectomies only)
- Aid category (50)
- Begins after 60 days postpartum for females



Plan First Variation

- Different from “regular” family planning (eligibles do not have full Medicaid benefits)
- Have to use Medicaid Plan First enrolled providers (must enroll separately)
- List of enrolled providers are located on website http://medicaid.alabama.gov/documents/4.0_Programs/4.4_Medical_Services/4.4.4_Family_Planning/4.4.4.1_Plan_First/4.4.4.1_Plan_First_Providers_5-13-16.pdf
- Women will have to recertify every 12 months

What is **PT+3** ?

PT+3 is a standardized educational method that uses prescribed educational aids designed specifically for a population at high risk for unintended pregnancy



PT+3

P = Personalize the Problem,

T = “**TAKLE**” It!

- T – set a therapeutic Tone
- A – Assess (learning needs & knowledge)
- K – provide Knowledge
- L – Listen for feedback
- E – Educate again if needed

+3 = Summarize teaching into 3 essential parts

To Find Out More Information About Plan First:

- Call the Toll Free Hotline Number at: 1-888-737-2083
- Click the following link to access Medicaid's website for a list of providers:
http://medicaid.alabama.gov/documents/4.0_Programs/4.4_Medical_Services/4.4.4_Family_Planning/4.4.4.1_Plan_First/4.4.4.1_Plan_First_Providers_5-13-16.pdf
- Contact the local Health Departments for a list of providers
- Click the following link to access Medicaid's Provider Manual, Appendix C, Family Planning:
http://medicaid.alabama.gov/CONTENT/6.0_Providers/6.7_Manuals.aspx



Contact Information

- Alabama Department of Public Health 334-293-6525
- Program Questions 334-353-3562
- Provider Assistance Center 800-688-7989
- Recipient Call Center 800-362-1504
- Recipient Call Center Fax 334-215-4140

Medicaid's Website www.medicaid.alabama.gov